

ONE MONTH STUDY GUIDE



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I'm from Richmond, Virginia. I love art and science, and in my free time I like to work on photography and spend time with my family and friends. In the future, I hope to do something in the health science field.

4 weeks until the test

- It's important to make sure you're familiar with the format of the SAT and the style of the test, but most importantly the content.
- Start off the week by taking a full length practice test in order to get an idea of the test. Score your answers so that you can see what areas might need the most practice in the time before the real test.
- With only one month, it's important to set aside specific time for studying.
- Use this first week to learn and familiarize yourself with strategies, tips, and the skills needed.
- Go through different lessons and watch videos to learn the different skills.
- Do a few accompanying problems for the different skills in order to make them for applicable.
- End the week by doing another practice test, using the new skills and strategies you learned this week.

3 weeks until the test

- The most important thing to do is practice!
- Alternate between math and reading each day, and dedicate at least 45 minutes to an hour on practice problems and applying strategies and skills you learned last week.
- Review problems you get wrong to avoid making similar mistakes.
- End the week with another full length practice test.

2 weeks until the test

- Spend as much time as possible this week practicing.
- Split up a full length practice tests and complete a few timed sections every day.
- After you do the sections, review them and make sure you see why you may have gotten any wrong.

- Increase the time you spend each day studying this week to an hour or hour and a half when possible.
- Do another full length practice test on the weekend.

1 week until the test

- Spend this last week wisely, doing practice problems in your free time and continuing to do timed sections.
- By this point you should be familiar with the different strategies and skills, and doing practice problems to apply them.
- Focus more on the sections you feel less confident in during this week.
- Most importantly, don't stress out and try to cram the night before the SAT!